## FÈDÈRATION INTERNATIONALE DE MÈDECINE DU SPORT / THE INTERNATIONAL FEDERATION OF SPORTS MEDICINE



## **FIMS Position Statement**

## **Statement on Doping in Sport**

Doping in sport is the deliberate or inadvertent use by an athlete of a substance or method banned by the International Olympic Committee (IOC). FIMS supports the prohibition of doping to protect athletes from:

 the unfair advantage which may be gained by those athletes who use banned substances or methods to enhance performance. 2. the possible harmful side effects which some substances or methods can produce.

In addition to the ethical and health consequences surrounding doping, recognition is made of potential legal implications. The distribution of many banned substances (e.g., anabolic steroids), if not for a medically justified reason, is illegal in many countries. Encouraging or assisting athletes to use such substances or methods is unethical and, therefore, equally forbidden.

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