

#### Dates and Deadlines:

- September 1<sup>st</sup>, 2010: First Announcement - Call for Papers
- March, 1<sup>st</sup> 2011: Second Announcement - Preliminary Program
- April, 30<sup>th</sup> 2011: Deadline for Abstract Submission
- July 15<sup>th</sup> 2011: Notification of Acceptance of the Abstracts

#### Congress Presidents:

EFSMA: Prof. Joseph Cummiskey / PMR: Prof. Günther Wiesinger

#### Scientific Committees:

Prof. David McDonagh (Head of the Scientific Committee for Sports Medicine)  
Prof. Tatjana Paternostro-Sluga (Head of the Scientific Committee for Physical Medicine and Rehabilitation)

#### Local Organizing Committee:

Prof. Anton Wicker

#### Congress Venue:

Salzburg Congress  
Auerspergstraße 6, 5020 Salzburg, Austria  
Phone: +43 / 662 7 88987-0, Fax: +43 / 662 / 88987-210  
Email: [info@salzburgcongress.at](mailto:info@salzburgcongress.at)  
[www.salzburgcongress.at](http://www.salzburgcongress.at)

#### Exhibition:

MAW- Medizinische Werbe – und Ausstellungsgesellschaft GmbH.  
International Exhibitions and Advertising  
Freyung 6/3, A-1010 Vienna, Austria  
Phone: +43 / 1 / 536 63 - 39 or 38, Fax: +43 / 1 / 535 60 16  
E-mail: [maria.hamata@media.co.at](mailto:maria.hamata@media.co.at)  
[www.maw.co.at](http://www.maw.co.at)

#### Contact & Information:

Katharina Tschernutter  
Paracelsus Medical University  
Strubergasse 21, 5020 Salzburg, Austria / Europe  
Phone: +43 / 662 / 44 2002 1271, Fax: +43 (0)622 / 44 2002 1209  
[sportsmed@pmu.ac.at](mailto:sportsmed@pmu.ac.at)  
[www.sportsmed-pmr-2011.at](http://www.sportsmed-pmr-2011.at)

#### Imprint:

ÖGPMR – Wissenschaftliche Gesellschaft für Physikalische Medizin und Rehabilitation  
Währinger Gürtel 18-20, 1090 Wien, Austria

ÖGSMP – Österreichische Gesellschaft für Sportmedizin und Prävention  
Auf der Schmelz 6, 1150 Wien, Austria

## 7<sup>th</sup> EFSMA-European Sports Medicine Congress

## 3<sup>rd</sup> Central European Congress of Physical Medicine and Rehabilitation

Annual Assembly of the German and the Austrian Society of Physical Medicine and Rehabilitation



Pictures: [salzburg.info](http://salzburg.info), [istockphoto.com](http://istockphoto.com)

**»Prevention, Performance,  
Return to Play, Return to Function«**

Salzburg, 26th - 29th October 2011 | [sportsmed-PMR-2011.at](http://sportsmed-PMR-2011.at)





## Welcome!

On behalf of the Austrian Society of Sports Medicine and Prevention and the Austrian Society of Physical Medicine and Rehabilitation we are happy and proud to host the 7th EFSMA-European Congress of Sports Medicine and the 3rd Central European Congress of Physical Medicine and Rehabilitation in Salzburg, the famous City of Mozart. We have combined the different fields of Sports Medicine and Physical Medicine and Rehabilitation for a joined conference. Time and location for this congress are 26th to 29th of October 2011 in Salzburg Congress Centre.

### Topics: The program will include key note lectures on issues related to:

- Rehabilitation in sports
- Physical medicine and rehabilitation
- Prevention
- Return to play
- Winter sports medicine
- Sports and exercise physiology
- Kinesiology and biomechanics in sports medicine
- Nutrition and ergogenic aids
- Anti-Doping
- Internal sports medicine
- Exercise for the prevention and treatment of chronic diseases
- Sports injuries (including prevention, diagnosis and treatment)
- Functional rehabilitation

### Plenary Sessions on issues to:

- Muscles
- Osteoarthritis
- Groin injuries
- Winter sports medicine
- ECG (EFSMA-Symposium)
- Child –Athletes
- Overtraining (EFSMA-Symposium, Balkan Session)

### Workshops:

(Pain) Injection (WS guided) techniques, Exercise prescription, Case reports, Exercise nutrition, ECG Interpretation, ICF, Posture, PRP, Isokinetic testing, Balance coordination, Taping / Kinesiotaping, Gait, ESWT, Imaging in SM, Exercise testing, Cardiopulmonary PFT, interpretation and vibration, Phys. examination of knee, anconal and shoulder

## Registration Fees

Fees:	until July 15 <sup>th</sup>	from July 15 <sup>th</sup>	On-site
Members - please see the list below *)	275,-	325,-	350,-
Full registration for non-members	325,-	375,-	400,-
Physiotherapists, Occupational therapists, Logo therapists, Assistant doctors	250,-	300,-	325,-
Athletic trainers	200,-	250,-	275,-
Students, Ph.D. Candidates	100,-	150,-	175,-
Accompanying persons**)	50,-	50,-	75,-
Day ticket			120,-

**The congress fee includes:** Access to all scientific sessions and to the exhibition area, the abstract book, coffee & tea breaks and welcome reception. The registration will open November 2010. Participants are asked to register individually using the fax registration form or the online registration. Each participant, including accompanying persons, must register separately.

\*) EFSMA - European Federation of Sports Medicine Associations | ISPRM - European Society of Physical and Rehabilitation Medicine | ESPRM - European Society of Physical and Rehabilitation Medicine | FIMS - International Federation of Sports Medicine | DGPMR - Deutsche Gesellschaft für Physikalische Medizin und Rehabilitation | DGSP - Deutsche Gesellschaft für Sportmedizin und Prävention | BSMA - Balkan Sports Medicine Association | ÖGPRM - Österreichische Gesellschaft für Physikalische Medizin und Rehabilitation | ÖGSMP - Österreichische Gesellschaft für Sportmedizin und Prävention | SITEMSH - International Society for Skiing Safety and Winter Sports Medicine | ÖSG - Österreichische Schmerzgesellschaft | BVPMR - Berufsverband der Rehabilitationsärzte Deutschlands e.V. | BÖPMR - Berufsverband der Österreichischen Fachärzte für Physikalische Medizin und Rehabilitation

\*\*\*) Accompanying persons: the congress fee includes only : welcome reception

### Workshops:

Limited attendance;  
30,- € members, 50,- € non-members (students for free)  
availability of seats according to the date of registration

### Gala Dinner:

Limited attendance;  
availability of seats according to the date of registration (à 70,- €);

### Call for papers:

Participants are invited to submit abstracts for presentations (poster and oral) to following issues additional to the **topics**: Prevention Exercises & Diseases, Chronic Fatigue & Exercises, Osteoporosis, Winter Sports Medicine, The Elderly Patient, Internal Sports Medicine, Ethical & Medico Legal Aspects, Pain Management, Rehabilitation of Neurological Disorders, Miscellaneous and Various