

### ROMA 27-30 September 2012



### XXXII WORLD CONGRESS of SPORTS MEDICINE



Sports Medicine, the challenge for global health: Quo Vadis?



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### of SPORTS MEDICINE

Topics



# important dates

Programme preview on line
On line registration available – early registrations
Abstracts submission
Housing Bureau opens
4 15<sup>th</sup> November 2011

Abstracts deadline 31<sup>st</sup> March 2012

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# and deadlines

Notifications to authors 30<sup>th</sup> April 2012

### **Deadline for early registration** 31<sup>st</sup> January 2012 5

**Deadline for hotel reservation** 1<sup>st</sup> September 2012

### of SPORTS MEDICINE



## committees

#### Organizer

The Italian Sports Medicine Federation (FMSI)

#### **Congress Presidents**

Maurizio CASASCO - Fabio PIGOZZI

#### **Organizing Committee**

Chairman

Maurizio CASASCO

#### Members

Luigi DI LUIGI Angelo GIGLIO Gabriele PETROLITO Antonio FALCONIO Luigi Maria FORMICA Vincenzo Maria IERACITANO Vincenzo LAMBERTI Clara MAURI Aldo PASSELLI Prisco Patrizio PETTI Antonio PEZZANO Vincenzo RUSSO

#### Local Scientific Committee

Chairman Giorgio SANTILLI

Coordinator Arsenio VEICSTEINAS

#### Members

Francesco DE FERRARI Giuseppe FRANCAVILLA Gian Pasquale GANZIT Antonietta MARCHI Fabio PIGOZZI Maurizio SCHIAVON

#### **International Scientific Committee**

The Chairman and the Members of the FIMS Scientific Commission



## XXXII WORLD CONGRESS

# Topics

ATHLETE CARE AND CLINICAL MEDICINE PRE-PARTICIPATION SCREENING, SPORT ELIGIBILITY AND PREVENTION GENETIC IMPLICATIONS FOR HEALTH AND PERFORMANCE MOLECULAR BIOLOGY AND SPORT DISEASE PREVENTION AND THERAPY: THE PRESCRIPTION OF PHYSICAL ACTIVITY LIFESTYLE-INTEGRATED PHYSICAL ACTIVITY ADAPTED PHYSICAL ACTIVITY AND DISABILITY NEW TECHNOLOGIES IN SPORTS MEDICINE TRAINING, SPORTS EQUIPMENT, HEALTH AND PERFORMANCE RETURN TO COMPETITION: ADVANCES IN DIAGNOSIS AND REHABILITATION EXERCISE, GENDER, SEXUAL HEALTH AND REPRODUCTION NUTRITION, METABOLISM AND SPORTS SUBSTANCE ABUSE AND MISUSE SPORT AND ENVIRONMENT: ASSESSMENT AND PREVENTION OF RISK FACTORS ETHICS IN SPORTS MEDICINE

THE PROTECTION OF THE SPORTS PHYSICIAN: MEDICAL AND LEGAL ISSUES



### of SPORTS MEDICINE

# Programme at

Pre-Congress FIMS CoursesThursday, 27th September 2012 (day 1) Friday, 28th September 2012 (day 2)								
Team Physician Advanced Course		Emergency Course		Instructor Course				
Thursday, 27 <sup>th</sup> September 2012								
17.00-18.30	17.00-18.30 OPENING CEREMONY - Opening lecture							
09.00-16.30	FIMS Executive Committee Meeting							
Friday, 28 <sup>th</sup> September 2012								
08.00-09.00	FREE COMMUNICATIONS	FREE COMMUNICATIONS	FREE COMMUNIC	CATIONS	FREE COMMUNICATIONS			
09.00-10.30	PARALLEL SYMPOSIUM Growth Factors: clinical applications in injuries of tendon, muscle and ligament	PARALLEL SYMPOSIUM Neuromuscular control assessment and rehabilitation	PARALLEL S The female and sports		PARALLEL SYMPOSIUM Paralympic athletes and adapted physical activity			
10.30-11.00	1.00 Coffee-Break							
11.00-13.00	11.00-13.00 PLENARY SESSION: Physical Activity, Heart and Health							
13.00-14.00	Lunch							
14.00-15.00	POSTER SESSION	POSTER SESSION	POSTER SE	SSION	POSTER SESSION			
15.00-17.00	PARALLEL SYMPOSIUM Imaging techniques in sports cardiology	PARALLEL SYMPOSIUM Nutritional strategies in sports and physical activity	Physical ac	and treatment	PARALLEL SYMPOSIUM Head injuries in sports			
14.00-19.00 FIMS Council of Delegates								

### glance

Saturday, 29 <sup>th</sup> September 2012						
08.00-09.00	FREE COMMUNICATIONS	FREE COMMUNICATIONS	FREE COMMUNICATIONS	FREE COMMUNICATIONS		
09.00-10.30	PARALLEL SYMPOSIUM International Federations session	PARALLEL SYMPOSIUM Endocrine-metabolic diseases and physical exercise	PARALLEL SYMPOSIUM Aging and exercise	PARALLEL SYMPOSIUM Genetic basis for health and sport performance		
10.30-11.00	18 12	Coffee-Break				
11.00-13.00     PLENARY SESSION: Molecular Biology in Sports Medicine						
13.00-14.00		Lunch				
14.00-15.00	POSTER SESSION	POSTER SESSION	POSTER SESSION	POSTER SESSION		
15.00-17.00	PARALLEL SYMPOSIUM Imaging technique in sport traumatology	PARALLEL SYMPOSIUM Preventing illness in athletes: from epidemiology to clinical practice	PARALLEL SYMPOSIUM Functional evaluation and exercise prescription in cardiovascular diseases	PARALLEL SYMPOSIUM Substance abuse and misuse		
Sunday, 30 <sup>th</sup> September 2012						
08.00-09.00	FREE COMMUNICATIONS	FREE COMMUNICATIONS	FREE COMMUNICATIONS	FREE COMMUNICATIONS		
09.00-11.00 PLENARY SESSION: Fatigue and Recovery in Athletes						
11.00-11.30 Coffee-Break						
11.30-13.00	PARALLEL SYMPOSIUM New technologies for evaluating and monitoring training and sports performance	PARALLEL SYMPOSIUM Sport and environment: assessment and prevention of risk factors	PARALLEL SYMPOSIUM Legal and ethical issues in sports medicine	PARALLEL SYMPOSIUM Return to play: advances in diagnosis and rehabilitation		
13.00 CLOSING CEREMONY						

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# scientific and general

#### **Italian CME credits**

Italian Ministry of Health C.M.E. (Continuing Medical Education) accreditation will be applied for.

#### **UEMS credits**

European Union of Medical Specialists (UEMS) accreditation will be applied for.

#### **Guidelines for abstract submission**

Before preparing and typing your abstract, please read carefully the instructions.

Il you have any question regarding abstracts submission please contact: fims2012.scientificsecretariat@fmsi.it Submission

- Abstracts can only be submitted on line on the official congress website:
  - www.fimsroma2012.org
- Opening abstract submission: 15<sup>th</sup> November 2011 – h. 24:00
- Abstract submission deadline: 31<sup>st</sup> March 2012 - h. 24:00
- Notification to authors: 30<sup>th</sup> April 2012 – h. 24:00
- An author may submit a maximum of two abstracts as first author (only one of these abstracts can be submitted in the preferred format of oral presentation). The submitted abstract must be presented by the first author who must be a registered participant.
- It is possible to appear as co-author on other abstracts.
- Please note that for each accepted abstract, the registration fee of at least one of the Authors will be required.
- Abstracts received after 31<sup>st</sup> March 2012 or incorrectly drawn up, will not be accepted. After

your submission further changes cannot be accepted. In case of acceptance, any error in spelling, grammar, or scientific contents will be reproduced as typed by the author.

• Accepted abstracts will not be published unless registration documents and the payment of the registration fee are settled.

#### Abstract

- Abstracts must be written in English.
- They have to be typed into the Abstract Submission Body
- They are restricted to 2000 characters (including spaces)
- They have not to contain tables or graphs.
- The title has to be brief and IN CAPITALS.
- Spell out words. Do not use abbreviations.
- The family name of the authors has to be preceded by initial(s) of the first name (omit titles: MD, Prof., Dr. etc.)
- Citation of the principal institution, city, country.
- In the body of the text, description of the aim of the study, materials and methods, results and conclusions.
- References in the text have to be cited at the end of the abstract (they must fit in the 2000 characters).
- Acknowledgement of receipt of the submission will be sent to the e-mail address as registered in the "Personal Details Page".
- Notification of the acceptance of the abstracts will be e-mailed.
- The sending author will receive all correspondence concerning the abstract and is responsible for informing the other authors of the status of the abstract.



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# information

#### Reviewing

All abstracts will be reviewed by Scientific Committees, which will make recommendations as to the type of the presentation (oral or poster). The author may state preference for the type of presentation (oral or poster) and select the topic among the proposed ones. The final decision however lies upon the Scientific Committees. **Presentation** 

Presenters must be registered for the Congress to guarantee the participation in the Scientific Sessions and the publication of the abstracts in the proceedings.

- Oral presentation format is PowerPoint. Oral presentation time will be 7 minutes plus 3 minutes of discussion. Oral presentations must be pre-uploaded in the Speakers Ready Room afore.
- **Poster** size is A0 (height: 120 cm, width 90 cm). Poster format is portrait. The authors will be notified on the date (28 or 29 September 2012) in which they will have to put up their poster in the morning and discuss from 2:00 to 3:00 p.m. All poster shall be removed in the evening.

#### **Scientific Secretariat**

The Italian Sports Medicine Federation (FMSI) Viale Tiziano, 70 - 00196 Rome, Italy E-mail: fims2012.scientificsecretariat@fmsi.it

#### **Congress Venue Rome Cavalieri**

The scientific sessions are held at the Rome Cavalieri - Via Cadlolo 101 - 00135 Rome, Italy - Phone +39 0635091 - www.romecavalieri.it

#### **Organizing Secretariat**

AIM Group International Rome Office: Via Flaminia 1068 - 00189 Rome, Italy Phone: +39 0633053.1 - Fax: +39 0623325626 E-mail: fims2012.info@aimgroup.eu

#### Simultaneous Translation

Simultaneous Translation will provided from Italian into English and vice versa.

#### **Visa Requirements**

Participants requiring an entry visa to Italy may request assistance from the Organizing Secretariat AIM Group.

Please enter the website on-line services and click on "invitation letter for VISA" to access the instructions.

#### **Exhibition and Sponsorship**

A technical, pharmaceutical and publication exhibition will take place in the Congress Venue throughout the scientific works.

Additional sponsoring opportunities are available. For any information, please contact the Organizing Secretariat, AIM Group International (Rome Office).





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# registration

#### **Registration Fees**

	I	II	III
	Before 31 <sup>st</sup> January 2012	From 1 <sup>st</sup> February to 30 <sup>th</sup> April 2012	From 1 <sup>st</sup> May 2012 and on site
Regular Fee <sup>(1)</sup>	€ 250,00	€ 300,00	€ 350,00
FIMS Members <sup>(1)</sup>	€ 150,00	€ 200,00	€ 250,00
Residency in Sports Medicine <sup>(2)</sup>	€ 100,00	€ 150,00	€ 200,00
Students <sup>(3)</sup>	€ 50,00	€ 100,00	€ 150,00
Accompanying Persons <sup>(4)</sup>	€ 100,00	€ 100,00	€ 100,00
One Day Fee	€ 100,00	€ 100,00	€ 100,00

#### Note: for all registration fees, VAT 21% is not included.

- <sup>(1)</sup> The Regular Fee and FIMS Members Fee give the right to access all scientific sessions and the exhibition area, and include:
  - Congress bag with the book of abstracts
  - Coffee breaks
  - Welcome cocktail
  - Musical entertainment evening
- <sup>(2)</sup> Certificate to be shown.
- (3) Registration Fee for students in health and exercise fields (medicine, physiotherapy, sports science, psychology). Certificate to be shown.
- <sup>(4)</sup> The Accompanying Persons Fee gives the right to access the exhibition area and includes coffee breaks.

# information

#### Individual registration

The individual registration procedure is possible through:

- PDF FORM
- ON LINE

Payment should be made by one of the following methods:

#### **Bank transfer details**

Please transfer the payment to AIM Congress Srl Bank details AIM Congress srl Intesa Sanpaolo - fil. 37 (6019) - Via Campania 49 00189 Roma IBAN: IT58 I030 6903 2401 0000 0005 348 SWIFT/BIC: BCITITMM

The payment transfer form should clearly state the name(s) of the delegate(s) and "FIMS 2012 Congress".

#### **Credit cards**

All major credit cards are accepted (American Express, VISA, Eurocard/Master Card).

Please enter the credit card number, the expiration date and security number in the appropriate space on the registration form.

#### Internet

An on line registration form with payment by credit card in security certificate mode "VeriSign" and "SSB" is available on the official Congress website.

REGISTRATION WILL BE PROCESSED ONLY WHEN ACCOMPANIED BY THE TOTAL PAYMENT.

THE ORIGINAL INVOICE WILL BE SENT BY E-MAIL. PLEASE PROVIDE US WITH CORRECT E-MAIL ADDRESS.

#### **Confirmation of registration**

An invoice will be issued as written confirmation of your registration by the Organizing Secretariat.

#### Cancellation

Notification of cancellation must be sent in writing to the Organizing Secretariat.

Cancellations will be accepted until 20<sup>th</sup> August 2012 with a refund of all paid fees, except for a 30% administrative charge. No refunds will be made for cancellations received after this date. All approved refunds will be processed and issued 60 days after the Congress.

- Cancellation on/before 20<sup>th</sup> August 2012: 30% of the registration fee will be withheld
- Cancellation after 20<sup>th</sup> August 2012: no refund

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The official housing bureau and travel agency of the Congress is:

#### **AIM Group International**

Accommodation Division Via Ripamonti, 129 - 20141 Milan, Italy Phone: +390256601.1 Fax: +390256609043 E-mail: fims2012.hotel@aimgroup.eu

> Make sure to reserve your room as soon as possible in order to take advantage of the special benefits available for FIMS participants only:

#### **1 - SHUTTLE BUS SERVICE:**

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A complimentary shuttle bus service to/from the Rome Cavalieri Hotel - Congress Venue will be exclusively available to the Congress participants showing a hotel voucher issued by AIM Group International. Only participants who make their reservation through AIM Group International will be entitled to use the shuttle bus service.

#### 2 - SPECIAL CONDITIONS:

Guests reserving their room through AIM Group International will obtain special booking conditions such as:

- NO HOTEL DEPOSIT OR PREPAYMENT
- SPECIAL CANCELLATION TERMS
- SPECIAL COMPLIMENTARY SERVICES FOR THEIR STAY

#### How to make a hotel reservation

A list of Congress hotels, terms and conditions of booking as well as an on line reservation service link to the AIM Group International will be available on the Official Congress Website.

Please ensure your hotel reservation is made by 1<sup>st</sup> September 2012. After this date, rooms will not be guaranteed. A voucher will be issued as confirmation of your reservation.

#### Group accommodation

AIM Group International will be at your disposal for any information about hotel reservations. Group reservations will follow special group conditions and are not available on line. Please contact us in order to obtain "Terms and conditions for groups".



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# dation

### Guarantee/payment of hotel reservation

Every reservation must be guaranteed by credit card. A reservation fee of  $\in$  20,00 (VAT 21% included) will be charged on the credit card upon confirmation of the booking.

AIM Group will issue an invoice for the charged reservation fee.

The credit card will be kept as a guarantee for the hotel reservation but no further cost will be charged on it (with the exception of cancellation fees).

Payment of the total foreseen will be requested by the hotel upon check-out.

The hotel will issue an invoice directly upon payment.

#### **Cancellation** policy

Any change or cancellation of the hotel reservation must be sent in writing to AIM Group. AIM Group reserves the right to charge on the given credit card the following cancellation fees:

- Until 5<sup>th</sup> August 2012 only the reservation fee (€ 20,00) will be kept
- Until 5<sup>th</sup> September 2012 one night accommodation will be charged
- From 6<sup>th</sup> September 2012 and no show 100% of the foreseen total amount will be charged

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#### **Please Note**

Rooms booked will be available to participants for the first night of the reservation.

In the event of a no show, reservations will be automatically cancelled and cancellation policy will be applied.



#### For further information, visit the official Congress website: www.fimsroma2012.org



Organizing Secretariat AIM Group International Via Flaminia, 1068 00189 Rome (Italy)